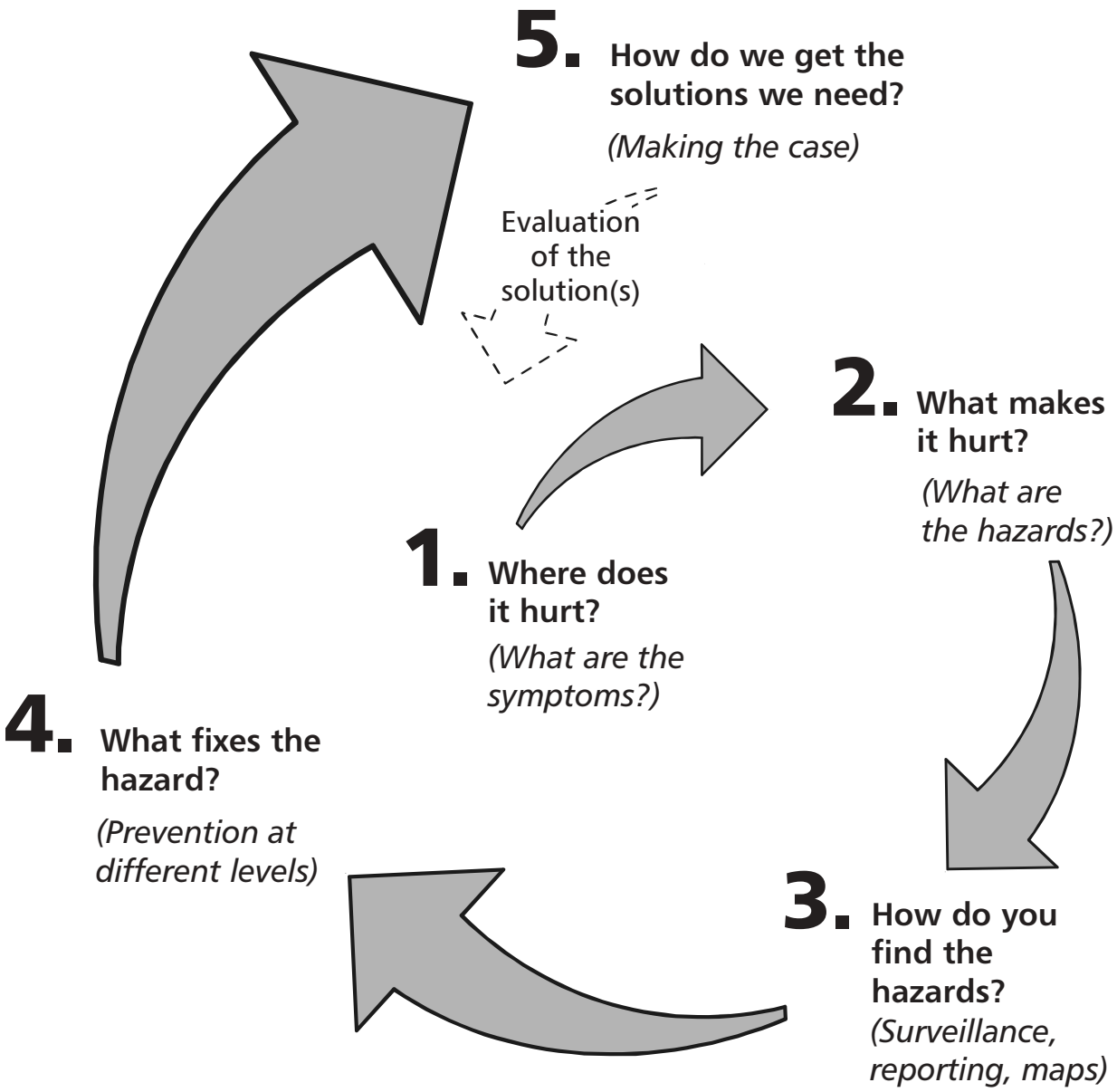Five steps to a healthy and safe workplace